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Compulsive Cybersex a Real Problem

Researchers see a growing public-health problem as hundreds of thousands of people go online to compulsively seek out pornography and sex Web sites.

The study on cybersex...is one of the first to examine how people with a tendency toward sex compulsion use the Internet. The findings show at least 200,000 persons are at risk for compulsive cybersex. The effects are similar to any other compulsive addiction, such as gambling or compulsive shopping...

Someone getting up in the middle of the night to engage in a graphic sexual discussion or have a 'cyber affair or cyber relationships' can destroy a marriage and tear apart families. ... "There's no doubt there's a rapidly growing segment of the population that finds that they have an inability to control behavior on the Internet."

The findings are based on a survey posted...on the MSNBC Web site. Researchers analyzed the answers from more than 9,200 respondents between the ages of 18 and 90. About 1 percent fit the researcher's definition of cybersex compulsive, meaning they spend more than 11 hours a week visiting sexually explicit Web sites. ... (Dr. Barry Gordon) says the study numbers probably are conservative, and he estimates that about 6 percent of the total American population may fit the definition of cybersex compulsive." *Onhealth (March 30, 2000)*

Note: "The lust of the eye and corrupt passions are aroused by beholding and by reading. ...The mind takes pleasure in contemplating scenes which awaken the lower and baser passions. These vile images (pornographic pictures), seen through defiled imagination, corrupt the morals and prepare the deluded, infatuated beings to give loose rein to lustful passions. Then follow sins and crimes which drag (men)...down to a level with the beasts. ...Avoid reading and seeing things which will suggest impure thoughts. Cultivate the moral and intellectual powers." *IMCP, p.229*

Having problems with pornography? We recommend you switch to a filtered ISP, such as SafeAccess.com.

Alcohol provides NO additional heart benefit to wine

Do you need the alcohol to get heart-healthy benefits from drinking wine? A new study says you don't.

The cardiovascular benefits of drinking red wine are well-known, but researchers at the University of California at Davis were curious whether it was the alcohol that enhanced the effects of red wine.

Researchers wanted to know whether catechins—antioxidants in red wine (antioxidants protect the body's health from the activity of harmful free radicals, which are thought to contribute to cancer and heart disease)—were weakened or strengthened by alcohol.

In the study, they took blood samples from nine persons after they each had a non-alcoholic red wine drink and, much later, after a glass of regular red wine. Both drinks had the same level of catechins.

Researchers found that the participant's catechin levels rose sharply after drinking both regular red wine and non-alcoholic red wine. But three hours after drinking alcoholic red wine, catechin levels began to drop; the drop-off was slower after a non-alcoholic red wine. Researchers conclude in the Dec. 30 issue of *American Journal of Clinical Nutrition* that alcohol provides no additional heart benefit to red wine.

On Health, daily briefing, Dec. 30, 1999

Magazines with high youth readership have more alcohol and tobacco ads

"Adult magazines with significant youth readership (such as Time, Cosmopolitan, Sports Illustrated, Hot Rod, and Rolling Stone) are more likely to carry alcohol and tobacco ads than publications with older audiences, new research shows.

The finding, which builds on earlier work looking at teen exposure to tobacco pitches, suggests that both tobacco and alcohol companies may intentionally target underage consumers with their pitches.

'In every instance the magazines with the high youth readership had more pages of alcohol and tobacco ads than the magazines with low youth readership,' says the study's lead author, Lorin Sanchez, who as a research assistant at Oregon Health Sciences University conducted the work with his twin brother and two Portland high school students." *By Adam Marcus/HealthSCOUT Reporter*

Let's be careful. We may inadvertently be promoting smoking and drinking by the reading matter we keep in our premises.

(over, please)

Drug store employee fired for refusing to push cigarettes

“Elizabeth Estes, who lost both parents to smoking-related illnesses, said she was fired from her job at the Eckerd drug store chain for refusing to train new employees to sell more cigarettes, the Associated Press reported Dec. 26.

Estes, a Georgia resident, worked for the company for five years, training new sales clerks and cashiers and providing them with suggestive sales techniques. When Eckerd included training on increasing cigarettes sales as part of its orientation manual, Estes said it went against her principles to provide the training. As a result, she lost her job.

‘When a customer asks for a pack of cigarettes,’ Estes said, ‘they want the cashier to take out two packs of cigarettes, place them in front of the customer with a lighter perhaps and tell the customer they can save a little with a two-pack special.’”

Join Together Online (January 8, 2001)

Are we willing, just like Elizabeth, to do the right thing no matter what?

Study: One Kid in Four Lives with Alcoholic

“A quarter of the kids in the United States grow up with an alcoholic in the family, a government study says.

The new study provides the best estimate yet of how many children live with a parent or adult who has an alcohol problem, says the National Institute on Alcohol Abuse and Alcoholism (NIAAA).

‘This is just another indication of the true magnitude of the alcohol problem in the U.S.,’ says Dr. Mary Dufour, deputy director of the NIAAA in Washington, D.C. ‘We can say over 100,000 people die every year from alcoholism or that the addiction costs the country \$185 billion every year. But when you talk about this kind of impact on kids, that’s when you realize how big a problem we really have.’

The findings, published in the January 2000 issue of the American Journal of Public Health, were developed from the federal 1992 National Longitudinal Alcohol Epidemiologic Survey of 42,862 adults, Dufour says.

‘The data was collected by the Census Bureau and represents the most up-to-date information we have,’ Dufour says. ‘This was a nationally representative sample of adults, 18 years of age and over, and we got the information during face-to-face interviews.’” *By Neil Sherman/HealthSCOUT Reporter*

“We hope that recognition will be given to the importance of focusing attention on the over 11 million children who live in the chaos and fear (and cruelty) created by parental alcoholism...’

Children of alcoholics are less likely to receive quality mental stimulation at home. Consequently, they are more likely to have underdeveloped language and reasoning skills. Studies also show that children of alcoholics are vulnerable to mental illness and medical problems and that they are more likely than others to become alcoholics and addicts, according to Bridget F. Grant, Ph.D., in the American Journal of Health.”

Alcoholism with Buddy T

“It is hardly necessary to say that liquor looms in the background in the majority of cruelty to children and child neglect cases...”

More and more the finger of guilt is being pointed to the so-called ‘social’ drinking mother (father or legal guardian)...

‘Social drinking,’ as industry propagandists term any kind of drinking free from mayhem and murder, is largely to blame for...instances of senseless cruelty to children...

“...the cause of most of the child abuse in America (and in the world) is the widespread use of beer, wine and whiskey.”

Donald W. Hewitt, M.D., F.A.C.S.

Note: “Were the only evil arising from the sale of ardent spirits (alcoholic beverages) the cruelty and neglect manifested by intemperate parents towards their children, this alone should be enough to condemn and destroy the (liquor) traffic.”

Temperance, p.205

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